

YOUR GUIDE TO 6 MINUTE CPS



Directions:

Have participants line up. Use the script provided to facilitate players through each step of the CPS process – after they complete a step they take a giant step forward. One minute per step.

Script:

1. Think of some wishes you have. Start them with “Wouldn’t it be great if..?”. Now choose one you’d like to work on now. Once you have one selected, take a giant step forward.
2. Rapid fire answer these questions. What’s a brief history of the situation? Who’s else is involved? Why is this important to you? How does the situation make you feel? What does success look like? How would it feel? Take a giant step forward.
3. Now you know where you want to go. What kinds of questions might you have to answer in order to get there? First restate your wish as a question starting with “How Might I...?” Now try to think of a few other HMI questions. Now choose the most compelling one; that holds the most promise; that you’d really like to answer. Take a giant step forward.
4. List as many ideas to answer your question as you can. Choose two or three answers that seem to hold promise for you. Now choose one idea you’d like to work on now. Take a giant step forward.
5. What do you like about your idea? What’s good about it? What else might be possible if you made this idea happen? Now think about one concern you have with your idea, why might it fail? Now think about something you can do to neutralise or overcome your concern. Now take a giant step forward.
6. Think about some of the actions and steps you need to take you make this solution a reality. What is the first step you’ll take within the next 24 hours? Take a giant step forward.

Congratulate them for having just walked through the entire CPS process.